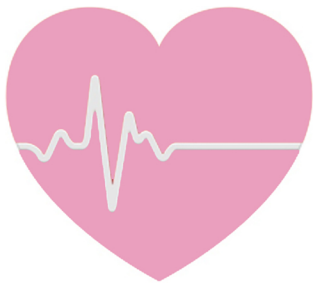
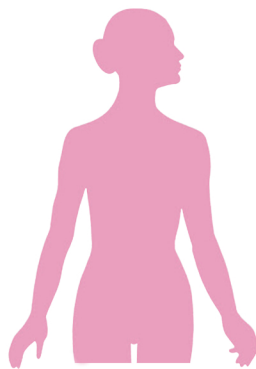


Free Health Assessment!

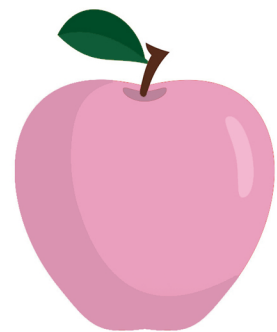
This study aims to better understand the relationship between the health of blood vessels and fat storage patterns, muscle mass, physical activity, and nutrition habits in women. For more information, please visit: <http://umiamihealthresearch.org/#studies/20180774>



Learn about your
cardiac health
markers



Understand your
body composition



Receive personalized
nutritional guidance

Study Requirements

- Female between the ages of 18-45
- Not on medications for high blood pressure and/or diabetes
- Have a menstrual cycle
- Be a non-smoker
- Speak English

You Will Receive

- Free body composition analysis (body fat percentage, visceral adipose tissue, and muscle mass)
- Information about your cardiovascular health (blood vessels and heart)
- Nutritional guidance

If interested, please reach out to Carolina Velasquez:

Phone: (305) 332-3486 | Email: cxv308@miami.edu | IRB Study # 20180774